

June 2020 Virtual Sports Programs

Jump Start Sports is now online and offering virtual sports programs for children. Classes are designed to run in a small space with minimal equipment. Zoom account needed. Our top instructors will be facilitating 4-week courses that fit your schedule and we hope you'll join us! Registration is limited. Fee is \$40 per class. Parent participation is not required for older children but is recommended for pre-school age children. Stay tuned for new classes!

Speed Training for Kids



Our track and field coach will be teaching 7-10 year olds proper running form, technique and training methods. Improve your speed, strength and conditioning.

Dates & Times

Mondays
June 1 - June 22
10:00am-10:30am
-or-
10:45am-11:15am

Coach Alli

Little Hoops at Home



A great introduction to basketball for children ages 4-6, featuring fun drills that can be worked on at home. You need a hard-surface space.

Dates & Times

Tuesday
June 2 - June 23
10:00am-10:30am
-or-
10:45am-11:15am
-or-
4:30pm-5:00pm

Coach Erica

Hummingbirds Soccer at Home



Children ages 3-5 learn the basic fundamentals of soccer through a variety of fun and engaging drills. You just need a ball!

Dates & Times

Wednesdays
June 3 - June 24
10:00am-10:30am
-or-
10:45am-11:15am
-or-
4:30pm-5:00pm

Coach Erica

Youth Soccer Clinic



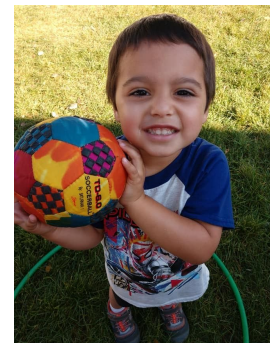
A dynamic soccer class for children ages 6-8. A great way to stay engaged and continue developing your skills. For new or advanced players.

Dates & Times

Wednesdays
June 3 - June 24
1:00pm-1:30pm
-or-
1:45pm-2:15pm

Coach Robby

FitKids Pre-School Sports & Nutrition



Parents and their children ages 2 to 4 years participate in active exercises, develop motor skills, and learn about nutrition.

Dates & Times

Thursdays
June 4 - June 25
9:00am-9:30am
-or-
10:00am-10:30am
-or-
1:15pm-1:45pm
-or-
6:30pm-7:00pm

Coach Gina

Register at JumpStartSports.com.

Questions?

Contact Jump Start Sports at JYuvan@JumpStartSports.com.